



Laugh for Your Health

Laughter Yoga Leader Training Minnetonka, MN

Sat & Sun February 1 & 2, 2020 10am – 5pm ea day

COST: \$325 or...If registration & check received by Jan. 3rd - \$295

***Register with a Friend & you EACH take off \$50**

1. Please complete and email this form to Sarah 2. mail check separately with hard copy of this form.

Make check payable to: Sarah Routman

Mail to: Sarah Routman: 11808 Douglynn Drive, Minnetonka, MN 55343

Once registration materials are received you will get materials to print and bring to the training.

Upon completion of the training, all participants will receive Laughter Yoga Leader Certification from Laughter Yoga University. Please note: Leaders are NOT authorized to certify others as leaders. You must attend the full 14 hours of training to obtain the certification.

NAME:

DATE:

Name of Your friend (also registering for \$50 OFF):

PHONE:

EMAIL:

MAILING ADDRESS:

We all learn differently. So that I can create the most meaningful experience for everyone, please answer these few questions. (use the back as needed)

1. My main reasons for wanting to obtain Laughter Yoga certification are:

2. I want to be sure that I learn:

3. I consider myself primarily:

___ a visual learner ___ an auditory learner ___ an experiential learner
___ other(explain):

Please describe one little-known fact about yourself:

5. Please describe yourself in a few sentences. (Use the back as needed)

Sarah Routman 612-802-1608

Laugh for the Health of It, LLC

11808 Douglynn Drive | Minnetonka, Minnesota 55343

